

LUNCH MENU

WEEK 1

NORTH EATS.

So much more than school food

North Park Primary School

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Meatballs
Mashed Potato
Gravy



All Day Breakfast
with Bacon Potato
Wedges

Roast Chicken
Yorkshire Puddings
Roast Potatoes
Gravy

Mince and
Dumplings
New Potatoes

Chicken Goujons
with Potato Wedges

Alternative Dish

Cheese Wrap **
Vegetable Sticks



All Day Breakfast
with Veggie
Sausage
Potato Wedges



Vegetable Pie
Roast Potatoes
Gravy



Risotto with
Homemade Garlic
Bread



Quorn Bites with
Potato
Wedges



Third Choice

Pasta Carbonara



Jacket Potato
With Baked Beans



Tomato Pasta



Jacket Potato with
Cheesy Coleslaw



Macaroni Cheese



Deli Choice

Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads



Vegetables

Carrots
Peas



Sweetcorn
Broccoli



Carrots
Cabbage



Broccoli
Sweetcorn



Baked Beans
Peas



Desserts

Vanilla
Ice-Cream

Chocolate Sponge
with Chocolate
custard

Jelly with Fruit
Slices



Apple Crumble
Custard



Orange, Sultana
and Carrot Slice
Custard*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

LUNCH MENU

WEEK 2

NORTH EATS.

So much more than school food

North Park Primary School

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

 **Veggie Pasta Bolognese **** 
Tomato Bread Twist

Sticky Chicken Noodles

Roast Pork Roast Potatoes Gravy

Minced Beef Pie New Potatoes Gravy

Fish Fingers and Chips

Alternative Dish

Margarita Pizza with Vegetable Sticks 

Cheese and Onion Pasty with Potato Wedges 

 **Shepherdess Pie Gravy** 

Spanish Tortilla 

Quorn Bites and chips 

Third Choice

Jacket Potato with Cheese 

Pasta Carbonara

Jacket Potato with Tuna and Cucumber

Tomato Pasta   

Jacket Potato with Beans  

Deli Choice

Freshly made Sandwiches, Rolls & Wraps 

Freshly made Sandwiches, Rolls & Wraps 

Freshly made Sandwiches, Rolls & Wraps 

Freshly made Sandwiches, Rolls & Wraps 

Freshly made Sandwiches, Rolls & Wraps 

Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads 


Vegetables

Carrot Sticks
Cucumber Sticks 

Peas
Broccoli 

Carrots
Cabbage 

Parsnip
Sweetcorn 

Baked Beans
Peas 

Desserts

Flapjack and fruit slice  

Peach shortbread pudding* and custard 

Raspberry Yogurt cake with Custard

Cocoa Finger and Orange Wedge*

Sponge Cake and custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

LUNCH MENU

WEEK 3

NORTH EATS.

So much more than school food

North Park Primary School

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Macaroni Cheese



Spaghetti Bolognese **
Garlic Bread



Roast Turkey
New Potatoes
Yorkshire Pudding
Gravy



Chicken Curry with
Rice



Fish Fingers
and Chips

Alternative Dish

Veggie Sausage
Mash
Gravy



Quiche
Salad and Coleslaw



Quorn Roast
Mash
Yorkshire Pudding
Gravy



Vegetable Lasagne



Mexican Tacos
With Chips



Third Choice

Jacket Potato
with Cheese and
Tomatoes



Pasta Carbonara

Jacket Potato
with
Salmon Mayo



Tomato Pasta



Jacket Potato with
Beans



Deli Choice

Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Freshly made
Sandwiches, Rolls
& Wraps



Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads



Vegetables

Peas
Carrots



Sweetcorn
Broccoli



Carrots
Cabbage



Mixed Vegetables
Sweetcorn



Baked Beans
Peas



Desserts

Oatie Biscuit and
Fruit Slices*



Pear Upside Down
Cake and Custard



Strawberry Ice-
Cream

Jam sponge with
Custard

Banana and
Apricot flapjack*
with Custard



Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

CHILD'S NAME:

CLASS: