

North Park Primary School PE Long Term Plan 2020-21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SSP Coaching	Athletics (Y1 & 2)	Football (Y2 & 3)	Basketball (Y5 & 6)		Striking/Fielding (Y3 & 4)	Net/Wall (SEN & 5)
Reception	FMS Move with Max: Aliens Love Underpants Durham Cards & YST All the Fun of the Fair	FMS Move with Max: Aliens Love Underpants Durham Cards & YST Searching for Teddy	FMS Move with Max: The Gruffalo Durham Cards & YST Dance Your Socks Off	FMS Move with Max: The Gruffalo Durham Cards & YST Beep Beep!	FMS Move with Max: Tiny Whale a Fishy Tale Durham Cards & YST Saving the Princess	FMS Move with Max: Tiny Whale a Fishy Tale Durham Cards & YST The Seaside
Year 1	Swimming Athletics (SSP)	Swimming KS1 FMS (delivered by SSP last year)	Swimming Gymnastics Assessing Level 1 Unit 1 Tasks 1 and 2	Swimming Dance Themes and Dreams	Games Ten Point Hoops/ Piggy in the middle OAA Where Are We Going? & North Park OAA Resources	Games Beanbag Throw Gymnastics Making Shapes
Year 2	KS1 FMS (delivered by SSP last year) Athletics (SSP)	Football (SSP) Games Mini Tennis 1 (N&W)	Dance Cat Dance (delivered by SSP last year) Gymnastics Assessing Level 1 / 2 Unit 2 Tasks 1&2	Dance How Does it Feel? Games Piggy in the Middle	OAA Shipwrecked Gone Fishing & North Park OAA resources Gymnastics Families of Actions	Swimming Games Kick Rounders (S&F)
Year 3	Swimming Dance Indian Delight/ Clown (delivered by SSP last year)	Swimming Football (SSP)	Swimming Gymnastics Assessing Level 2/3 Unit 3, Task 1	Swimming Invasion Games (delivered by SSP last year)	Swimming Striking/ Fielding (SSP) OAA- North Park resources	Net & Wall (SSP) Athletics Off, Up and Away/ Pass the Baton
Year 4	Games End Zone (I) Dance Round the Clock	Invasion Games (delivered by SSP last year) Games Mini Tennis 2 (N&W)	Dance What's So Funny? OAA Communication Challenge and Safety Across & North Park OAA resource	Athletics Furthest Five Games On the Attack (I)	Striking/ Fielding (SSP) Pink Gym	Games Arc Rounders (S&F) Pink Gym

Year 5	<p>Games Calling the Shots (I)</p> <p>Tag Rugby (delivered by SSP last year)</p>	<p>Fit for Life (delivered by SSP in previous years)</p> <p>Dance Masquerade</p>	<p>Basketball (SSP)</p> <p>Pink Gym</p>	<p>Games What a Racket! (N&W)</p> <p>Pink Gym</p>	<p>Athletics Distance Challenge</p> <p>OAA Crystal Star Challenge/North Park resources</p>	<p>Games Runners (S&F) Zone Rounders (S&F)</p> <p>Net & Wall (SSP)</p>
Year 6	<p>Dance Making the Grade</p> <p>Games Wide Attack (I)</p> <p>Pink Gym</p>	<p>Tag Rugby (delivered by SSP last year)</p> <p>Pink Gym</p>	<p>Basketball (SSP)</p> <p>Athletics Distance Challenge</p>	<p>Games (N&W) Long & Thin or Short & Fat</p> <p>Fit for Life (delivered by SSP in previous years)</p>	<p>Athletics Developing Athletes</p> <p>OAA Beat the Clock and Electric Fence/ North Park resources</p>	<p>Swimming</p> <p>Games Pairs Cricket (S&F)</p>

Blue = Durham County Core Tasks

Red = QCA (PESCCL) Core Tasks

***Each class has two 1-hour PE sessions.**

Sedgefield SSP Coaching Support throughout 2020/21

- Autumn 1- Athletics (Y1 & 2)
- Autumn 2- Football (Y2 & 3)
- Spring 1- Basketball (Y5 & 6)
- Summer 1- Striking/Fielding (Y3 & 4)
- Summer 2- Net/ Wall (Y3 & 5)
-

Whole Day Coaching

- 9th of November- Hoopstarz Day
- 19th of April- Interactive Speed Cones Day